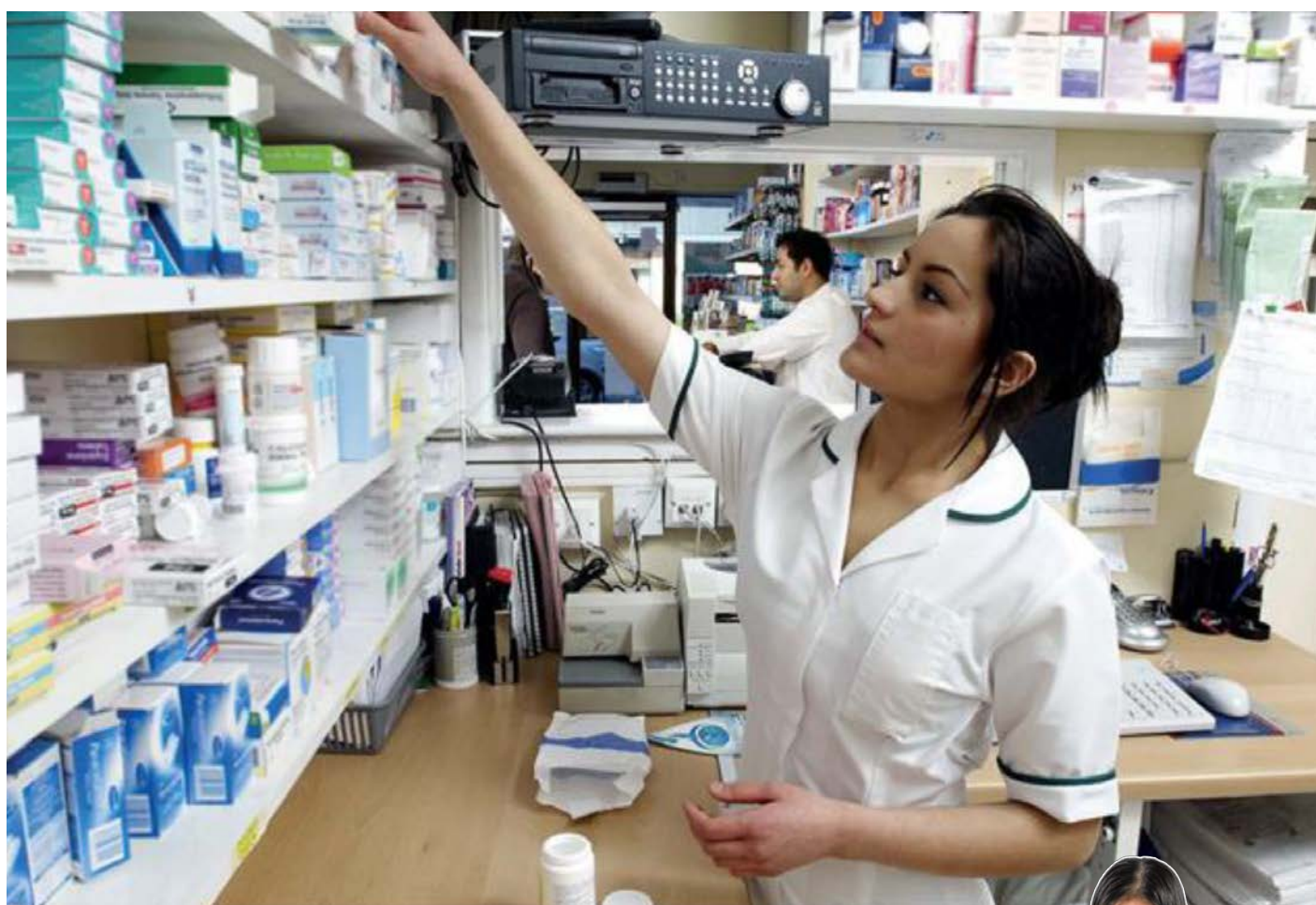




**Rutland**  
County Council

# Pharmacy Services in Rutland



Pharmaceutical Needs  
Assessment 2018



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# Pharmaceutical Needs Assessment



Every few years we have to look at pharmacy services in our area.



This is called a Pharmaceutical Needs Assessment.



We are looking at:

- What pharmacy services we have and where they are



- What pharmacy services we might need in the future



## What do you think?

We want to know what you think about these plans.



Please read through this document and then tell us your views by answering the questions on the separate questionnaire.



We need to have your answers by Tuesday 2nd January 2018.

# Pharmacy services

These are services that you can get at your local pharmacy.

They include:



- Giving you medicines that your doctor thinks you need



- Selling you medicines



- Giving you advice about how to keep healthy



- Getting rid of old medicines safely



- Helping you to go to the right health service for you



- Helping you with advice and medicines to deal with common, not very serious illnesses



Some pharmacies also provide extra services for people who have long term conditions.

Some pharmacies also provide:



- Help with emergency contraception



- Help to some people who are addicted to drugs



- Help to make people comfortable at the end of their lives

# About Rutland



About 38,000 people live in Rutland.



Over 2,000 of these are in the Armed Forces.



About 1 in every 5 people are over age 65.



Most people in Rutland are reasonably well off. There are some small areas where people are not well off.



Nearly everyone in Rutland is white and British. Only a very small number say they are white but not British.



On average we expect men in Rutland to live to about age 82, women to about age 85.



We expect men and women to stay healthy until they are about 71.



Generally the health of people in Rutland is much better than the average for England.





## Lifestyles

About one in every 8 people smoke.



Fewer people are going to hospital with an alcohol problem than the average for England.



Two thirds of adults are overweight or obese. This is much worse than the average for England.



About one in every 5 children aged 4-5 are obese or overweight.



About one in every 3 children aged 10-11 are obese or overweight.



A quarter of people don't do any exercise.



Around one in every 8 people say they are anxious most of the time.



## Illness

More people have high blood pressure than the average for England.



The number of people with asthma is roughly the same as the average for England.



The number of people with diabetes is roughly the same as the average for England.



Fewer people have depression than the average for England.



More people have heart disease than the average for England.



More people have cancer than the average for England.

## Language



Nearly everyone in Rutland speaks English.

There are small groups of people who speak Polish, Chinese or French.

## Using Pharmacies outside Rutland



We think that many people from Rutland will use a pharmacy across the border in Leicestershire, Lincolnshire, Northamptonshire or Peterborough.



Each of these areas has written their own report on pharmacies in their area.



Each of these areas has enough pharmacies.

# Health and wellbeing priorities

The main things that we want to do is:



1. Helping people to be healthier as they get older and to stay healthy for longer



2. Help people from poorer backgrounds to be as healthy as better off people



3. Make sure that health and social care services work together so that people get the right care and support at the right place at the right time

# Pharmacies in Rutland



Rutland has:

- 6 pharmacies
- 5 Local doctors surgeries (GP) that have a pharmacy



There is one pharmacy that is open at weekends and evenings.

Overall Rutland has nearly 3 pharmacies and GPs who have a pharmacy for every 10,000 people.



This is more than the average for England.



Half of people live more than a 10 minute drive or a walk to a pharmacy.



Some older people and some people who live in country areas have to travel more than 10 minutes to their nearest pharmacy.

# What should happen



We think that NHS England working with Rutland County Council and local health services should:



- Carry on checking that our pharmacies are right for everyone by looking at:

- Where the pharmacies are
- Their opening times



- Work to make sure that pharmacies are:
  - providing a fair service to everyone
  - helping people to live more healthy lives



- Look at the problems for people who don't speak english



- Pharmacies should be more involved in campaigns to help people live more healthy lifestyles



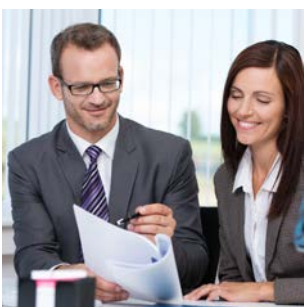
- Pharmacies should be more involved in the plans of local health organisations. They should work more with local health organisations



- We should look at how the best pharmacies work so we can help other pharmacies to learn new ways to do things



- Look at how we can have a say on whether pharmacies should be able to merge together



- Provide a report on pharmacies in Rutland every year if services are likely to change