

Joint Strategic Needs Assessment 2015



Easy Read

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The Joint Strategic Needs Assessment



We have looked at the health needs of all the different communities in Leicestershire.



We have written a report. This is the **Joint Strategic Needs Assessment**.



We will use this information when we think about developing new health, wellbeing and social care services.

Our Vision



We will add quality and years to people's lives by:

- Improving people's health through their lives;



- Reducing **inequalities**; and

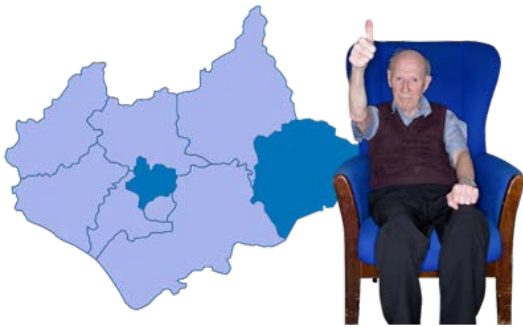
- Concentrating on the needs of local people.

Inequalities

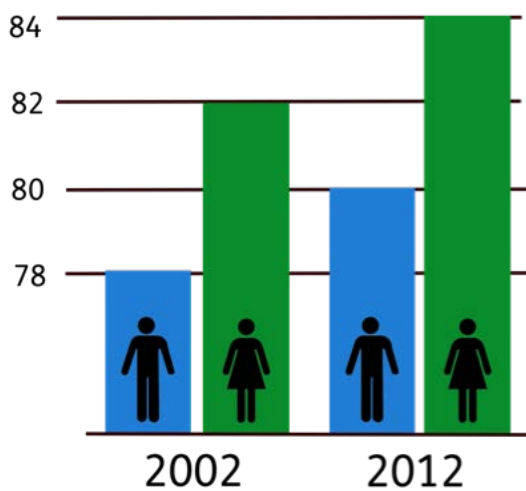


Many people will have worse health and shorter lives because they are poor or disabled. We want to help everyone to have good health whatever their abilities and wealth.

Health in Leicestershire

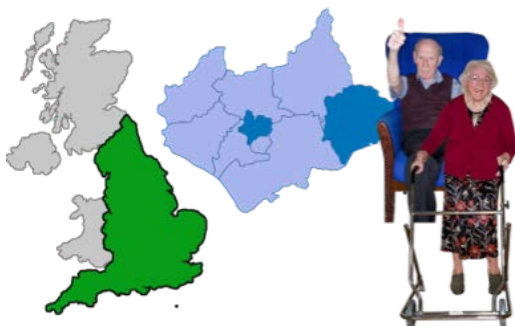


People in Leicestershire are living longer.



In 2002, the average length of people's lives was: Men 78, Women 82.

By 2012, this had improved to: Men 80, Women 84



On average people in Leicestershire live longer than the average for the whole of England.



Healthy Lives

We know that many people get health problems as they get older. We want people to have a healthy life for as long as possible.



On average people in Leicestershire have a healthy life for 65 years for men and 67 years for women.



We want to increase the number of years that people can expect a healthy life. We want people who are retired to enjoy their health for longer.



Older People

As people get older they are more likely to need help with daily living.

We expect that many more people will want help with social care.



We expect that many more people will be getting help from unpaid carers.



We need to plan to keep older people as healthy and independent as possible.

Prevent, Reduce, Delay

The **Health and Wellbeing Board** have 4 steps to help communities to manage their own health and wellbeing.



1. Prevent need

This is to give people good information and advice so they can live healthy active lives.



2. Reduce need

Giving a bit of help to people who might start to get worse health.



3. Delay need

Giving some help to people who have a disability or a long term condition to help them to live independently.



4. Offer the right support

Where people need support we should make sure they get the right support.

Our priorities

1. Getting it right from childhood



- Improving the health and wellbeing of children is the best way for people to have a long and healthy life



- Supporting children with **Special Educational Needs and Disabilities**



- Working on the **mental health** needs of children



- Working with **vulnerable children and young carers**

2. Supporting young people as they transition to adulthood



- 15-24 year olds are at risk of sexual health problems, drugs and smoking



- Children who had special needs are especially vulnerable as they become adults

3. Improving the health and wellbeing of working age adults



- Preventing poor health



- Reducing inequalities



- Reducing problems from smoking, drugs and alcohol



- Helping people with long term needs or disabilities to be independent

4. Supporting older people



- Looking out for people who are in danger of getting poor health



- Supporting older carers



- Supporting people to look after themselves after illness or injury



- Better housing and community groups to help people be independent in their community



- Supporting people at the end of their lives

5. Improving health and wellbeing for vulnerable people



- Better support for carers



- Improving people's mental health



- Improving services for people with learning disabilities and autism



- Better support for people with physical and sensory disabilities

People with increased needs

We want to do more for people who are particularly vulnerable.



- Vulnerable children and families



- People with long term conditions and cancer



- Frail older people



- Very poor people and people who are homeless



- Carers

For more information

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